Youth
Mental Health First Aid

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among children and adolescents. Parents or anyone working with youth are encouraged to join.

Common Signs & Symptoms

Connect youth with professional help

Manage Crisis Situations

SCAN & ENROLL NOW

Two-Part Evening Classes

Dates: February, **Wednesday 26th & Thursday 27th**

Time: **4 pm - 8 pm**

Location: **Decker Community Room**, 675 Clinton St, Ridgway, CO 81432

Cost: **Free!**

Free Dinner & Childcare Provided!

For More Information visit **https://tchnetwork.org/events-and-classes/**

VOYAGER

TRI-COUNTY HEALTH NETWORK

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